

BEING A GOOD BITCH!



Thanks for wanting to be a Good Bitch. It's very rewarding to give a moment of sweetness to people who are having a tough time. Here's some more information about how GBB works and what it involves.

About Good Bitches Baking

Good Bitches Baking is all about spreading a bit of sweetness in our community. We aim to give a moment of happiness to people going through a tough time.

Anyone can be a Good Bitch – it's a very admiring and gender-neutral term. Good Bitches are people who want to help those in their community who are having a tough time. You don't have to be a master baker, because it's the kindness in your intentions that matters more than the final product.

What's Involved?

Good Bitches in Nelson deliver their own baking (in some larger centres they have bitches who are either bakers or drivers but we keep things simple here). How often you bake is up to you, but we usually aim to roster people on to bake about once a month, twice at most. To join you'll need to commit to baking at least once per month.

You'll need to supply your own ingredients and transport, but we'll provide a cake box to put in it and a flyer to write the ingredients on.

When do We Bake?

We have baking delivery days throughout the week, from Monday to Sunday, Nelson city to Motueka. But don't worry – you'll never be rostered on for a day or time or place that doesn't work for you.

What Sort of Baking do You Need?

All baking is well received. You can decide what to bake and how much.

We'll give you a flier to write a personal note and an ingredients list on. This is so that recipients know that the baking is from a real person not a business, and to make sure we don't accidentally cause an allergic reaction.

Who Gets the Baking?

Our purpose is to give a moment of sweetness to people having a tough time. So we deliver baking to places where there are groups of people who need some support. We don't judge why they are in that situation.

The types of organisations GBB Chapters deliver to include Hospices, Refugee Centres, Women's Refuges, Food Banks, Homeless Shelters, Illness Support Groups and Supported Living Homes.

As we grow we'll add more recipients, so if you know a suitable place please let us know.

I'm In! How do I Join?

Let me know if you are keen and I'll send you some more detailed info. We will also need to know your *home address* and *contact phone number* as well.

We will only use your details to prepare rosters and contact you. They may be made available to other Bitches to coordinate roster activities.

Got a Question?

Email Sally Rice at nelson@gbb.org.nz.

If you'd like to talk get in touch with the national HQ, or are interested in finding out about Good Bitches Baking in other regions, drop the HQ an email to hq@gbb.org.nz.

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