

Care Matters Workshop

Current, relevant, practical information for family, whanau and carers of children and adults with disabilities.

Nelson

Date; Wed 30th Oct

Time; 9.30am – 2.30pm

Free

Venue confirmed
on registration

Lunch provided

Facilitators with lived
experience

Please fill out the [registration form](#) or contact Maureen on:

Freephone: 0508 726 769

Txt: 027 414 5267

Email: samsno@actrix.co.nz

EXPLORE – LEARN – CONNECT

We aim to ensure workshops meet local interests and needs.

Topics many carers have requested at previous workshops include:

- What Resources are Available?
- Managing Stress
- Effective communication
- Enabling Good Lives and Planning for the Future
- System Transformation

A service provided by SAMS
and Parent to Parent



CARE MATTERS
LEARNING & WELLBEING

www.carematters.org.nz

