

Fossil Creek Farm

introduces

Intensive Intervention Course



Time Frame – three weeks, two visits to the farm a week for two hours each visit

Who For – Tamariki who are feeling suicidal, who are self-harming or who have severe depression.

Aim – To improve self-esteem, self-love, wellbeing, connection and positive self-talk.

How – Animal Interaction and relationships, connection to whenua and wai, consistent positive interactions, safe spaces to relax, holistic health introduced, no wifi. Strong aroha filled relationships are nurtured with our therapy staff.

Age Group – 8 -12 years (please enquire for other age group courses)

Cost - \$350 per tamariki/child

please email for further details

Fossilcreekfarm11@gmail.com

We are having some incredible feedback from whanau, schools and agencies, connected to tamariki we have worked with here on the farm. Yes, this is something new in Nelson for mental health and wellbeing, but we are getting results and would love to meet with you and discuss what we do here on the farm if you are interested.

