



Dying to Know about Dying Matters?

Nelson Tasman Hospice
Thursday 20 February 2025
1pm – 4pm

This is a FREE workshop available to the public
Limited places, registration is essential

This is a FREE workshop available to the public. Come along and find out more about dying matters, how an advance care plan (ACP) can benefit you and your family/whānau and what to expect at the end of life. * Please note, this workshop is not designed for health professionals.

Many people find it difficult to talk about dying, yet dying is an important stage of life and is inevitable. We plan for the birth of a child, yet when it comes to the end of life, we don't often want to think about it, or talk about it.

Having a plan outlines our care preferences for the future. Having an Advance Care Plan (ACP) that aligns with our beliefs and values, is a gift that we can give to our family / whānau.

We will explore:

- Why is it hard to talk about death and dying?
- What to expect when someone is dying
- Supports available
- Advance care planning processes

**“Talking about it more,
worrying about it less”**

Target audience:	General Public (*Please note, this workshop is not designed for Health Professionals)
Facilitator:	Nelson Tasman Hospice Clinical Nurse Educators
Date:	Thursday 20 February 2025
Time:	1.00pm – 4.00pm
Cost:	No charge
Venue:	Nelson Tasman Hospice 331 Suffolk Road, Stoke, Nelson Cicely Saunders Education Suite
Limited attendees:	Registration is essential
Register via Eventbrite:	To register Click here or www.eventbrite.co.nz
Phone registrations welcome:	(03) 546 3950

For further information contact the Nelson Tasman Hospice Education Team:

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