

Motueka Seniors Hub

April Program



10 Pah St Motueka

This year the general public are invited to all our events!!

TIKI TOUR

Tues 13th April

Picnic Day

10—2

From & to clubrooms

Prior bookings essential

\$3

Positive Aging Expo

Motueka Seniors will be there

Friday 16th 10-3

Headingly Centre

Richmond

Transport from the Mot Rec Centre

Tangiwetoz

Shared kai & Performance

Te Awhina Marae Kaumatua
are bringing their Ukele!!

Tues 20th 10—12.30

LUNCH SOCIAL—ALL WELCOME

BRING A PLATE!!

QUIZ Day!

Fri 23rd April

1.30—3.30pm

Multi-choice—Tables of 4

8 rounds of 8 questions

Prizes—raffles & fun!!

Prize for best 'thinking cap'!

Wholy Moly Mot!

Friday April 30th 1—4

Enjoy a **CIRCUIT** of fun
activities—**All abilities**

- ◇ Prizes
- ◇ Raffle
- ◇ Certificates

Tai che

Thursdays 9.30—11am

(Seniors Hub User)



YOGA

(Seniors Hub User)

Mon 9.30—10.45

Tues 9.30—10.45 & 6—7.15pm

Wed 6—7.15 pm

Thurs 6.15—7.30pm

INDOOR

BOWLS

Mon & Wed

1.15 to 3.30

Brian

Co-ordinator

Rummikub

Friendly & fun

Competition!

Thursdays 1—4pm

Mavis

Coordinator

TO CHAT ABOUT ANY OF THESE EVENTS TEXT OR CALL US!!

Mavis Win 03 526 8796

Brian Clark 027 283 1595

Chris Hickson 021 2514359